

Adult Summer Coaching Planner

Runs throughout August 2018

This is our revised planner for the summer holidays only. Additional classes run throughout term time starting from 10th September

£7 pay and play

To book on or enquire please tel 07870 169215 or email suzy.breakpointtennis@gmail.com

Cardio Tennis

Great fun and great exercise. Bounce to the beat of the music. No tennis skills required.

Friday 7 - 8am

Adult Beginner Course

A course geared towards a complete tennis beginner. In these sessions you will learn to play, score and rally. Equipment provided

Monday 6.30 - 7.30pm

Get Back Into Tennis

Geared towards players who have played some tennis and are looking to develop there skills further

Wednesday 7.30 - 8.30pm £5 members or £7 non members

Diagnostic Doubles/ Singles

Geared towards players with lots of tennis experience. The focus is on strategy and conditioned practise.

Thursday 6.45 - 7.45pm